

My Foolish Heart

Choreographed by Ira Weisburd

Description: 32 count, 4 wall, beginner line dance

Music: **My Foolish Heart** by Ross Mitchell

[CD: The Best Of The Dansan Years: Vol. 2 / Available on iTunes.]

Start dancing on lyrics

TWO FORWARD WALTZ TWINKLES

1-2 Step left forward (towards right corner of room), stepping across right foot, hold

3-4 Sway right to right, sway left to left

5-6 Step right forward (towards left corner of room), stepping across left foot, hold

7-8 Sway left to left, sway right to right

WALTZ TURN (¼ TURN TO LEFT), CROSS ROCK STEP

1-2 Turn ¼ left on left foot, hold

3-4 Sway right to right, sway left to left

5-6 Cross & step with right over left, hold

7-8 Rock left back, step right to side

WEAVE 3 STEPS TO RIGHT, MAKE ½ TURN TO RIGHT

1-2 Cross and step with left over right, hold

3-4 Step right to side, cross left behind right

5-6 Turn ¼ right with right, hold

7-8 Turn ¼ right with left, step right to side

TWO CROSS ROCK STEPS

1-2 Cross & step with left over right, hold

3-4 Rock right back, step left to side

5-6 Cross & step with right over left, hold

7-8 Rock left back, step right to side

REPEAT

Choreographer Contact Information:

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